

Organisations in Cambridge

Accommodation

Argyle Street Housing Co-op

3 Fletcher Terrace
Cambridge
01223 411615

Accommodation in shared houses plus some one-bedroom flats. Member participation is expected.

Cambridge Cyrenians

6 Short Street
Cambridge
01223 712501

Cambridge Housing Society

Endurance House
Vision Park
Chivers Way
Histon
Cambridge
01223 713555
0845 7125612

Manages over 1000 housing units including those for young people, learning difficulties and the elderly.

Cambridge Women & Homeless Group

Corona House
1 Corona Road
Cambridge
01223 369125

Hostel for single homeless women

Cambridge Women's Aid

01223 460947 (24 hour helpline)

Offers safe and secure accommodation to women and their children who are experiencing domestic violence.

Castle Project

Dale's Brewery
Gwydir Street
Cambridge
01223 566737

Supported housing for young people aged 16-25 years

Circle 33 Housing Trust

1 St Catherine Street

Cambridge

Provides housing management across East Anglia.

Emmaus Cambridge

Green End

Landbeach

Cambridge

01223 863657

Offers home, work & support to homeless & marginalised men and women in a community-living setting.

English Churches Housing Group

222 Victoria Road

Cambridge

01223 352718

Hostel for men and women. Dog spaces.

English Churches Housing Group

17-19 Willow Walk

Cambridge

01223 519400

Hostel for men and women. Dog spaces.

Granta Housing Society

Barton Road

Comberton

Cambridge

01223 576756

General needs housing plus care provider for range of client groups eg mental health, vulnerable single homeless, women and children fleeing domestic violence

Harvey Housing Association

9/10 Harvey Road

Cambridge

01223 364375

Provides affordable accommodation for one-parent families.

Hundred Houses Society

51 Scotland Road

Chesterton

Cambridge

01223 315036

Charitable housing association

Kings Street Housing Society

89 King Street

Cambridge

01223 312294

Provides and manages a range of social housing.

Stonham Housing Association

1 Elizabeth Way

Cambridge

01223 460061

Provides and housing and support through Probation Service referrals.

YMCA

Queen Anne House

Gonville Place

Cambridge

01223 356988

Range of bedsits, flatlets and rooms for single homeless aged 16-28.

Advice

Cambridge Contraception & Sexual Health Clinic

20 Newmarket Road

Cambridge

0845 6505152

Cambridge Family Planning Service

Auckland Road Clinic

Cambridge

01223 533320

Free, confidential advice and information on contraception and sexual health.

Cambridge Law Centre

41 Mill Road

Cambridge

01223 712222

Advice and information for those on low incomes. Advice on welfare benefits, debt, employment, immigration and housing. Drop-in Mon-Thurs 10.00am – 12.30pm

Cambridge Refugee Support Group

Llandaff Chambers

2 Regent Street
Cambridge
01223 575489

Provides information, advice and support to asylum seekers & refugees.
Guidance on food, accommodation, legal and medical services, benefits and employment.

Cambs Probation Service

Warkworth Lodge
Warkworth Street
Cambridge
01223 712271

Supervision of those released on licence and assistance with resettlement.

Citizens Advice Bureau

72-74 Newmarket Road
Cambridge
0844 8487979 (advice line)
01223 222660 (for appointments)
Free, independent advice on a range of issues.

Opportunity Links

Trust Court
The Vision Park
Histon
Cambridge
0845 0454014
Free information service providing advice on childcare, training, benefits and jobs.

Services for homeless and vulnerably housed

Cambridge City Council Housing Aid

Hobson House
44 St Andrew's Street
Cambridge
01223 457934/5/6
Includes Housing Needs and Temporary Housing Service

Wintercomfort for the Homeless

Overstream House
Victoria Avenue
Cambridge
CB4 1EG

01223 518140

Counselling and advisory services, basic numeracy and literacy skills, food, laundry, personal hygiene facilities, variety of recreational groups.

Cambridge City Council Sports Development Team

Parks & Recreation

44 Hobson House

St Andrew's Street

Cambridge

01223 457543

Provides opportunities to enable homeless people and other disadvantaged groups to gain access to discounted or free sport and recreation activities.

Street Outreach Team

125 Newmarket Road

Cambridge

01223 366292

Provides support and advice to both rough sleepers and those in the City's hostels and nightshelter. Assists with referrals to temporary accommodation and the move to more permanent housing.

Benefits

Department for Work and Pensions

Henry Giles House

73-79 Chesterton Road

Cambridge

0845 6088603 (JSA & Income Support)

0800 1695198 (Crisis Loan)

Counselling and Support Groups

Cambridge Rape Crisis Centre

Box R

12 Mill Road

Cambridge

01223 2458888

Provides support, advice and information to women and girls who have been raped or sexually abused. Phone lines open every Wednesday 7 – 9pm.

Cambridge Women's Aid

PO Box 302

Cambridge

CB1 1EA

01223 460947 (Refuge)

01223 361214 (Outreach)

07730 322098 (24 hr emergency line)

Offers information, advice, practical and emotional support to women who are experiencing domestic violence.

Choices for Men

91 Cherry Hinton Road

Cambridge

01223 416616

01223 471574 (Helpline)

Free, confidential counselling and support to men who have been affected by sexual abuse. Helpline Tues 1.30pm – 3.30pm, Thurs 6pm – 8pm

Choices for Women

91 Cherry Hinton Road

Cambridge

01223 416616 (admin)

01223 471574 (helpline)

Offers free, confidential counselling and support to women who have been affected by sexual abuse.

Cruse Bereavement Care

St Luke's Church Centre

Victoria Road

Cambridge

0844 4779400 (national helpline)

01223 302662 (local information)

Free information and advice to anyone who has been affected by death.

Includes support and one-to-one and group counselling.

Samaritans

4 Emmanuel Road

Cambridge

08457 909090 (National support line)

01223 364455 (local)

Available 24 hours a day to provide confidential, emotional support for people experiencing feelings of distress or despair, or those that may lead to suicide.

Drug and Alcohol Services

Alcoholics Anonymous

0845 769 7555

Fellowship of men and women who share their experiences to help themselves and others recover from alcoholism.

The Bridge

152-154 Mill Road
Cambridge
01223 214614

Advice and information on alcohol issues. Offers assessment, counselling and referral.

Addaction

Mill House
Brookfields Hospital
351 Mill Road
Cambridge
01223 723020

Treatment service for those experiencing difficulties due to substance misuse. Also support for their families. On-site pharmacy. Shared care work with GPs and satellite clinics.

Drinksense

185 East Road
Cambridge
01223 350599

Counselling, information and support for those with alcohol problems, their families and carers.

Mental Health Support

Cambridge Clubhouse

47 Norfolk Street
Cambridge
CB1 2LD
01223 359561

Community-based rehab day programme for those with mental health problems. Range of work experience and longer-term employment opportunities, plus a social programme.

Cambs Independent Advocacy Service

Box 322
Therapy Resource Centre
Fulbourn Hospital
Cambridge
01223 218500

Free, independent and confidential advocacy, information and support service for people with mental health problems.

Lifecraft

The Bath House
Gwydir Street
Cambridge
01223 566957

Services include information, social club, counselling, helpline and weekly groups.

Lifeline

0808 8082121 (7pm – 11pm)

Lifecraft project providing out of hours telephone support, guidance and advice. Provides information on mental health problems, treatments, local resources and national organisations.

Medical

Addenbrookes Hospital

Hills Road
Cambridge
01223 245151

NHS Direct

0845 4647

Cambridge Access Surgery

125 Newmarket Road
Cambridge
01223 358961

Provides GP services to homeless and those in hostels and nightshelters.

CamDoc

Chesterton Hospital
Union Lane
Cambridge
01223 464242
Emergency GP service

Young People

Castle Project

Dale's Brewery

Gwydir Street
Cambridge
01223 566737

Support scheme for 16-25 year olds. Provides range of educational, recreational and social opportunities including holidays, literacy, IT training, drop-in, arts & craft, outings, living skills, discussion groups. Also accommodation.

Centre 33

33 Clarendon Street
Cambridge
01223 316488

Free and confidential counselling and information centre. Services include advice and advocacy for housing, carers projects, pregnancy testing.

Young People's Service

Douglas House
18A Trumpington Road
Cambridge
01223 726145

Provides range of outpatient psychological services for 16-25 year olds, including those with emotional problems relating to: family, leaving home, isolation, sexual abuse, eating/body image, sexual identity.

Employment & Training

Big Issue

c/o Overstream Houser
Victoria Avenue
Cambridge
01223 519424

News and current affairs magazine sold on the streets by homeless or vulnerably accommodated people.

Quest Employment Support Team (QUEST)

The Paddocks
347 Cherry Hinton Road
Cambridge
01223 242267

Supports those with mental health problems or physical disabilities, helping them prepare for and gain suitable employment.

Travel

National Rail Enquiries

08457 484950

Stagecoach Cambus

0871 2002233

National Express

08717 818181 (Coaches)

08717 818179 (Disabled persons travel line)

0845 6007245 (Trains)

Other information, resources and services

Cambridge SOFA

The Paddocks

347 Cherry Hinton Road

Cambridge

01223 576535

Recycled good quality electrical appliances, furniture and household goods.

All items are offered at an affordable price to local people on benefits or a low income.

Cambridgeshire Constabulary

0845 4564564

Central Library Cambridge

7 Lion Yard

Cambridge

01223 712000

Volunteers Plus

91 Cherry Hinton Road

Cambridge

01223 246669

Provides opportunities for anyone who wishes to volunteer their time, but needs a little support. Includes buddying scheme, short courses and opportunities to learn office skills.